

HORARIO INSTALACIÓNS DEPORTIVAS – TEMPADA 2019/20

PAVILLÓN DE DEPORTES DE ESPÍNEIRA (Aldán)

	<u>LUNS</u>	<u>MARTES</u>	<u>MÉRCORES</u>	<u>XOVES</u>	<u>VENRES</u>	<u>SÁBADO</u>	<u>DOMINGO</u>
09.00 - 10.00 h	HORARIO C. ESCOLAR (09,00/17,30 h)	HORARIO C. ESCOLAR (09,00/17,00 h)	HORARIO C. ESCOLAR (09,00/17,30 h)	HORARIO C. ESCOLAR (09,00/17,00 h)	HORARIO C. ESCOLAR (09,00/17,30 h)		
10.00 - 11.00 h							
11.00 - 12.00 h							
12.00 - 13.00 h							
13.00 - 14.00 h							
14.00 - 15.00 h							
15.00 - 16.00 h							
16.00 - 17.00 h							
17.00 - 18.00 h		XIMN. MAIORES (17,00/18,00 h)		XIMN. MAIORES (17,00/18,00 h)			
18.00 - 19.00 h	DEFENSORES MORRAZO (17,30/20,30 h)		DEFENSORES MORRAZO (17,30/20,30 h)		PATINAXE - Extr. (17,30/18,30 h)	ASOCIACIÓN JUGGER (17,00/19,30 h)	12/12/2019
19.00 - 20.00 h		A PONTE ALDÁN (19,00/20,00 h)			A PONTE ALDÁN (19,00/20,00 h)		
20.00 - 21.00 h	XIMNASIA ANPA (20,30/21,30 h)	BADMINTON CANGAS (20,00/23,00 h)	XIMNASIA ANPA (20,30/21,30 h)	BADMINTON CANGAS (20,00/23,00 h)		A PONTE ALDÁN (19,30/22,30 h)	
21.00 - 22.00 h	BALONCESTO "Particulares" (21,30/23,00 h)				XIMNASIA ANPA (20,30/22,00 h)		
22.00 - 23.00 h							